

Severnbanks Primary School



Where STARS Shine

Intent

The PE curriculum is an ambitious curriculum meeting the needs of all learners and contextualised in the community we serve.

We are fortunate to have excellent sports facilities; with an indoor sports hall with gym equipment, a school hall, an outdoor court area and a large field marked throughout the year with pitches and running tracks.

At Severnbanks Primary School we believe that all children, irrespective of their level of physical ability, have the right to reach their full potential in physical education and achieve enjoyment and success at their own level.

All children are encouraged to develop:

- control, co-ordination and mobility.
- skill and confidence in a range of physical activities and sports.
- an awareness of physical capabilities of their own body.
- co-operation and team work skills.

Implementation

Through PE lessons, we intend to improve the knowledge, skill and understanding of exercise and sports, so children can perform with increasing competence and confidence in a range of physical activities. This in turn will help them understand how the knowledge and skills can be applied in their own physical activity and healthy lifestyle. We follow the Get Set 4 P.E lesson plans and schemes of work.

We aim to achieve 100% participation at all ages. The pupils will enjoy their lessons and will seek additional extra-curricular activities both in school and out. Through inter-school competitions, individuals and teams will gain achievement and recognition which is wildly celebrated in school.

We ensure that we provide a safe and supportive environment for children to enjoy opportunities to become physically confident, in order to support their health (physical and mental) and fitness. We hope to instil a love for exercise and sport in all children.

PE at is about introducing children to the world of sport which, combined with an enjoyment of exercise, will hopefully provide the foundations for a healthy, active lifestyle.

Our PE curriculum allows opportunities for children to demonstrate our school values, vision and curriculum drivers by: showing **teamwork**, **respect** and **kindness** when working with others in a PE sessions, group/team work or paired PE pupils are encouraged to listen to one another and share ideas and resources; working with **resilience** to learn key skills and overcome any difficulties and apply PE knowledge to solving problems; thinking with **creativity** and **curiosity** to solve problems using appropriate skills and equipment. Pupils are encouraged to be **independent** when learning and know how to use resources to support their own learning. Our teaching of the PE curriculum promotes pupils **aspire** to be Sports people and **achieve**.

At Severnbanks Primary, a varied PE curriculum is in place to support this. We ensure that all Early Learning Goals, KS1 and KS2 National Curriculum outcomes are fully delivered by using the Getset4pe scheme of work. Using this scheme enables the school to be confident that all teaching is building on

knowledge and skills and giving our children a secure foundation for their next phase of learning. Our physical education curriculum is delivered through a combination of skills based and sports-based opportunities. Agility, balance and co-ordination drive the PE curriculum in EYFS and Key Stage 1, providing all children with the basic fundamental movements and skills required in all areas of sport. In Key Stage 2, the focus becomes more sports based where children can develop their skills further. Classes are introduced to a variety of sports which are built on year on year. This prepares them with a wide range of skills to support them in the participation of sports at primary school, school competitions and clubs out of school. We know that learning takes time, and PE is no different. We try to give pupils enough time to revisit and practice prior learning before moving on.

Each week pupils at Severbanks Primary participate in at least 2 hours of high-quality PE and sporting activities. Our PE programme incorporates a variety of inclusive sports (eg archery and golf) and activities to ensure all children develop the confidence, tolerance and the appreciation of their own and others' strengths and weaknesses. They will be encouraged to use subject specific vocabulary when discussing and evaluating their own and others performances. This vocabulary is displayed for children to use.

Swimming takes place at our local pool at The Dean Academy and is timetabled for Years 4, 5 and 6.

Impact

Children will have a mentally and physically healthy lifestyle. They will enjoy sport and try hard to achieve their best in all of the activities they participate in. All experience a range of sports through PE lessons and be confident to compete against their peers. Many will seek additional extra-curricular activities both in school and out.

Each individual understands how their bodies respond to exercise and how keeping fit will benefit their lives. They will recognise their own strengths and weaknesses and be clear upon which sports they themselves prefer playing. They will show perseverance and resilience when working on those skills that they find most difficult.

Children will gain the social skills to work as a team and also self-critique their own performance whilst using the correct vocabulary. All pupils will experience winning and losing and know how to behave in each situation. This will develop their knowledge of their own emotions.

Children will participate in physical activity (both in and out of school) in a fair and co-operative manner, always aiming high and respecting others for doing the same. They will feel a sense of pride in their participation.

Inclusion, Quality First Teaching, Support and Assessment

In all classes, children have a wide range of physical ability. Recognising this fact, we provide suitable learning opportunities for all children by matching the challenge of the task to the ability of the child and in doing so raise pupil's health and fitness levels, improve skills and develop pupil's resilience, teamwork and perseverance. Teachers and one to one teaching assistants use adaptive teaching in order to ensure inclusivity (Thinking about - Space, Task, Equipment and People) accordingly.

Children who have a 1:1 adult, have direct support from their dedicated teaching assistant to help, support and encourage them in PE lessons when needed.

We aim to provide opportunities for those who are less active and pupil premium/SEN children. We are able to do this through clubs such as archery, events such as introduction kayaking and also through events organised by Forest School Games ('Give it a Go Day').

The Fizzy programme/ Strength Squad are intervention for children who need extra gross motor skill practice.

Extra-Curricular Provision

Extra-Curricular Provision: A variety of sports clubs are led by school staff and visiting professionals. These clubs change on a termly basis and all year groups are given the opportunity to attend clubs aimed at their age group. Many children will have given the opportunity to compete in inter-school competition in a wide range of sports that have been focused on either in PE lessons or through after school clubs.

Developing the skills of Reading, Writing, Speaking and listening through Physical Education

The P.E lessons we teach here at Severnbanks School provide the children with rich vocabulary specific to the fundamental skills and sports that they are taught.

We also understand that P.E can contribute to children's emotional literacy through the discussion of how exercise makes them feel and by allowing students to express themselves through movement.