




WHERE STARS SHINE

FOOD POLICY

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| Policy Lead Committee: | Local Academy Committee | In consultation with: | Senior Leadership Team |
| Approved by: |  | Date: | 22nd November 2023 |
| Policy Date: | Autumn 2023 | Review Date: | Autumn 2025 |
| Review Frequency: | 2 Years | | |



UNITED NATIONS COVENTION ON THE RIGHTS of the CHILD

ARTICLE 3

The best interests of the child must be a top priority in all decisions and actions that affect children.

ARTICLE 7

Every child has the right to be registered at birth, to have a name and nationality, and, as far as possible, to know and be cared for by their parents.

ARTICLE 12

Every child has the right to say what they think in all matters affecting them, and to have their views taken seriously.

ARTICLE 19

Governments must do all they can to ensure that children are protected from all forms of violence, abuse, neglect and bad treatment by their parents or anyone else who looks after them.

ARTICLE 20

If a child cannot be looked after by their immediate family, the government must give them special protection and assistance. This includes making sure the child is provided with alternative care that is continuous and respects the child's culture, language and religion.

ARTICLE 21

Governments must oversee the process of adoption to make sure it is safe, lawful and that it prioritises children's best interests. Children should only be adopted outside of their country if they cannot be placed with a family in their own country.

ARTICLE 25

If a child has been placed away from home for the purpose of care or protection (for example, with a foster family or in hospital), they have the right to a regular review of their treatment, the way they are cared for and their wider circumstances.

ARTICLE 39

Children who have experienced neglect, abuse, exploitation, torture or who are victims of war must receive special support to help them recover their health, dignity, self-respect and social life.

1. Schools Food Statement

We are dedicated to providing an environment that promotes healthy eating and enables pupils to make informed food choices through our approach to food provision and food education.

2. Aims

To provide a range of healthy food choices throughout the school day.



To support pupils to make healthy food choices and be better prepared to learn and achieve. To ensure a consistent approach to healthy eating across the school community including pupils, staff and parents/carers.

3. The School Day

3.1 Breakfast

Breakfast is an important meal that should provide 25% of a child's energy requirement and supports pupils to be ready to learn at the start of each day.

Severnbanks runs a daily breakfast club for pupils from 7:45 am to 8:45 am.

Breakfasts include cereals and toast.

The school provides toast for pupils in KS1 and fruit daily. KS2 are encouraged to have a healthy snack at first break.

3.2 School Lunches

School lunches are provided by Caterlink and served between 12.00 and 1.30 in the hall at each school. The school meals meet the mandatory requirements of the School Foods Standards 2015.

More information about the Caterlink company can be found at www.caterlinkltd.co.uk

School meals are planned on a 3-week cycle and always contain a meat, fish and vegetarian option. The school meals menu can be accessed through our school's websites.

3.3 Packed Lunches

Severnbanks aims to support pupils to have a balanced lunch and best prepare them for learning in the afternoon.

3.4 Drinks

The schools provide water for all pupils at lunchtime; therefore there is no need for packed lunches to include a drink. Pupils have access to water throughout the day.

Free school milk is provided to all pupils up to the term in which they turn 5. School milk is available to all older children at a small cost.

3.5 School Trips

A packed lunch will be provided by the school, for all children who usually have a free school meal or children are welcome to bring their own packed lunches.

4. Curriculum

Food and nutrition is taught at an appropriate level throughout each key stage in science, PSHE and Design Technology (cooking and nutrition). The Eatwell model (see appendix A) is



used throughout the school as a model of understanding a balanced diet. We help children learn about where food comes from (Food to Fork initiative).

5. Special Dietary Requirements

The school does everything possible to accommodate pupil's specialist dietary requirements including allergies, intolerances, religious or cultural practices.

6. Parents, carers and family members

Our relationship with parents/carers is very important and we aim to support them with information and advice around food, so that they are best prepared to make healthy choices for their families.

7. Consultation

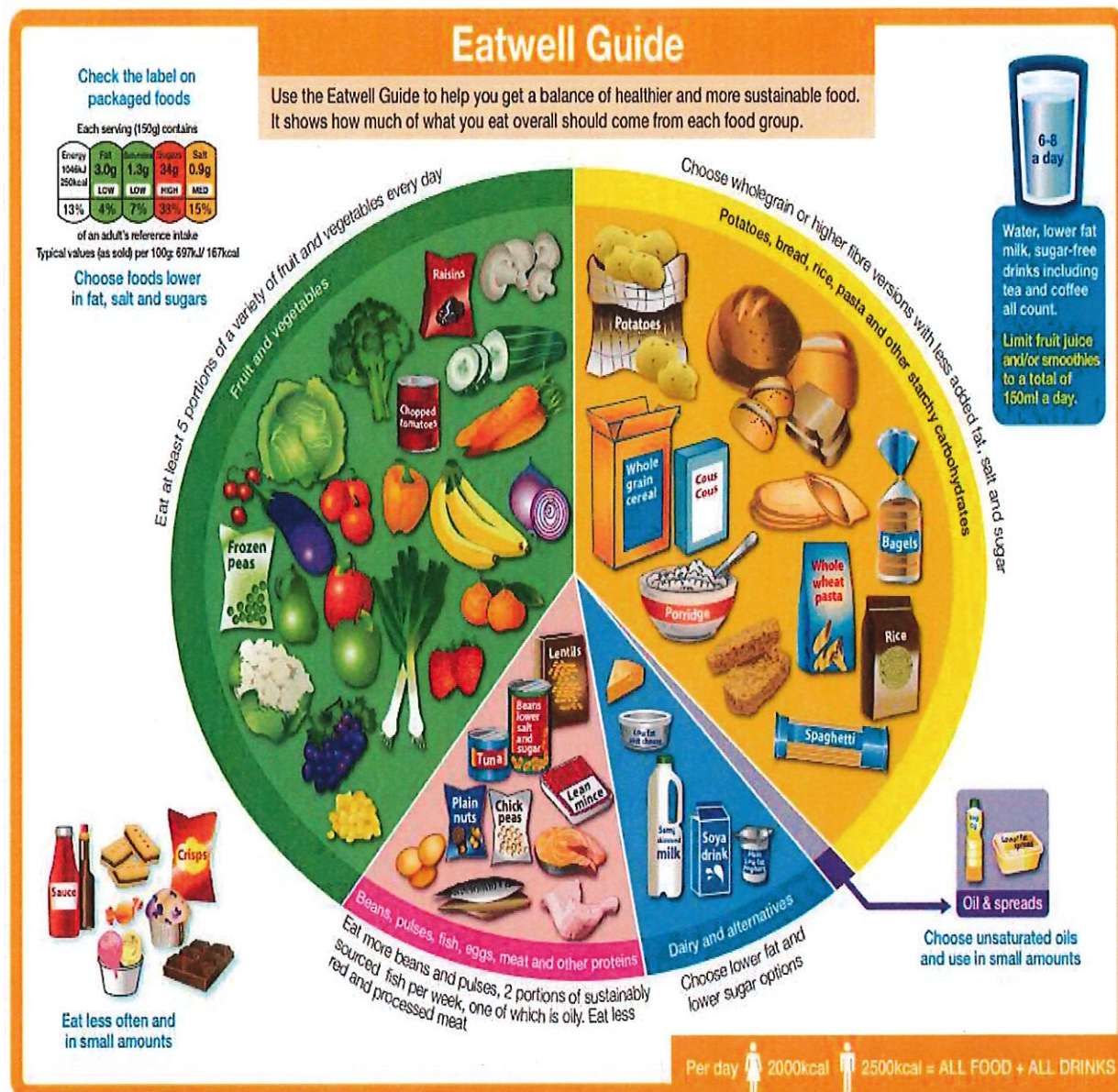
Pupils on the school council contributed to the Healthy Eating audit to help in the writing of this statement. Governors have attended Lunches at school and talked to caterers and supervisors.

This policy is available on the school website:

www.severnbanksprimaryschool.co.uk/website/policies/257152. Paper copies are available on request from the School Office.

Appendices on next page

Appendix 1: Eatwell Guide



Source: Public Health England in association with the Welsh Government, Food Standards Scotland and the Food Standards Agency in Northern Ireland

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